Introduction to Unity Day Workshop Examples

Some suggestions that may help in setting up Unity Day workshops for organizers, both in-person and by zoom, are as follows:

1. The flyer announcement could require pre-registration with submitted email addresses of applicants.
2. Consider which of the six workshop formats you want to use (as they run for different lengths of time).
3. Groups may use all or some combination of suggested formats.
4. Use a follow-up survey for feedback.
5. Some specific examples of focus areas include:
6. Topics based on gender (LGBTQA), race, ethnicity, age
7. Unity with diverse subject matter (food plans, dietary restrictions, allergies, Celiac, Diabetes, etc.)
8. Special Focus Meetings (OA HOW, Men’s groups, ZOOM, etc.)
9. Unity and Diversity - is to foster our openness to differences and inclusion
10. Organizers can utilize the following announcements at these workshops:
11. “We suggest that you attend six different meetings to see the many ways that OA can help you.”
12. “People share about diverse programs (gender including LGBTQA, race, ethnicity, age) as well as diversity of their personal programs (food, dietary restrictions, allergies, Celiac, Diabetes, etc.).”
13. “Suggest that applicants share about their own programs in the workshop.”